

**GURU NANAK KHALSA COLLEGE FOR WOMEN
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA**

**ECO/ GREEN CLUB REPORT
(2023-24 Odd Semester)**



Maneeta
Dr. Maneta Kahlon

Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana

Parveen Arora
Dr. Parveen Arora

Coordinator

Gagheet Pal Kaur
Mrs. Gagheet Pal Kaur

Co-Coordinator

About Club

Eco-club is a voluntary group of students and staff which promotes the environmental awareness, conservation of natural resources, control of pollution, reduction of plastic usage, planting of trees, water management etc. It also encourages the students in clean and green consciousness through various innovative methods. The Eco-club takes the support of Biodiversity Cell, NCC and NSS Unit for increasing the greenery of the campus and other eco-friendly activities.

Objectives

- To encourage the students to plant more number of trees in the college campus, their homes and villages for increasing the greenery.
- To conduct Clean and Green, Swachhta Mission activities in the college campus.
- To create awareness on various environmental issues like Climate Change, Global Warming, Greenhouse effect, Acid rains, Pollution, Environmental movements and laws.
- To promote culture of Conservation of natural resources, Water management, Rain water harvesting and Solid Waste management.
- To educate students about reducing the usage of plastic, polythene bags and importance of 3Rs (Reduce, Reuse and Recycle).

Major Activities

- Organizing seminars, workshops, guest lectures on various environmental issues.
- Conducting mass plantation programmes.
- Campaign against usage of plastic and polythene made articles and bags.
- Making Eco-friendly items with waste and used materials.
- Encouraging home gardens and departmental indoor gardens.
- Promoting Clean and Green, Swachhta Mission activities in the college.

Online workshop on sustainable practices and mission life on World Environment Day

June 02, 2023

In collaboration with Mission Life, an initiative of the Ministry of Environment, Forestry and Climate Change, the college organized an Online Workshop on Sustainable Practices and Mission Life, on the occasion of World Environment Day on June 02, 2023. The resource person for the discussion was Dr. Devinder Kaur Kocher, Prof. (Zoology) PAU, Ludhiana. She talked about the various types of mosquitoes and the fevers which are spread by these mosquitoes. She further told about the various preventive measures which should be taken to safeguard ourselves from the deadly mosquito bites. The lecture was presented in the form of a PPT. The students as well as teachers were the participants of the discussion forum.

Link:

<https://www.facebook.com/gnwludhiana/posts/pfbid02xB8GgKceT8LGffrG49XsSTTCM9gmGXEFnBoavDNYJQr28UtNC3Br8EhrfWo7JpGMI>

The poster features logos at the top for GSW, Ministry of Education, 75th Anniversary (आज़ादी का अमृत महोत्सव), G20 India 2023, and LIFE (Lifestyle for Environment). The text reads: **Guru Nanak Khalsa College for Women**, Gujarkhan Campus, Model Town, Ludhiana. Under the aegis of Mission Life, Initiative of Ministry of Environment, Forest and Climate Change organizes an awareness online workshop on **Sustainable Practices and Mission Life** on World Environment Day 2023. The event is scheduled for **Date: June 2, 2023** at **Time: 3:30 PM**. The **Keynote Speaker** is Dr. Devinder Kaur Kocher, Prof., Deptt. of Zoology, PAU, Ludhiana. The **Convener** is Dr. Maneeta Kahlon, Principal.

World Cycle day

June 03, 2023

World Cycle Day was observed in the college campus on June 03. It is celebrated annually on June 3 to promote the benefits of cycling and raise awareness about the importance of bicycles as a sustainable mode of transportation.

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Reusing and repurposing in order to promote environmental sustainability

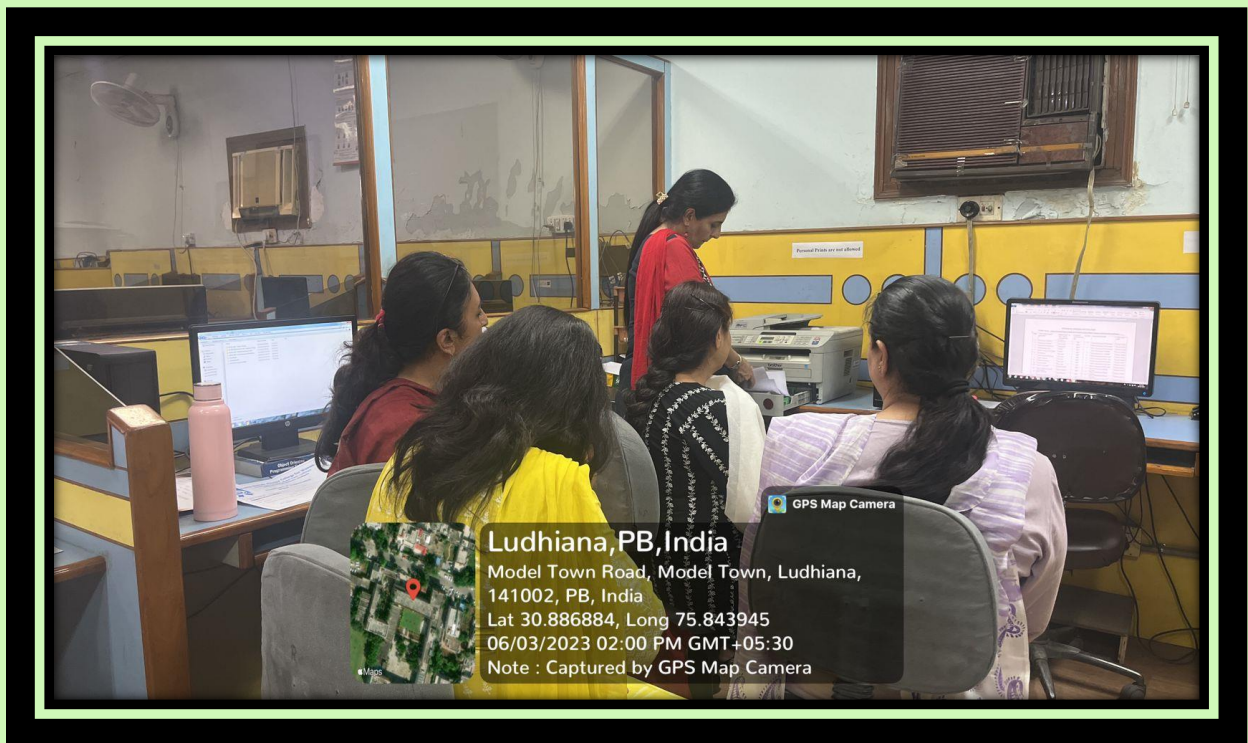
June 03, 2023

Reusing papers in printers is a simple yet effective way to promote environmental sustainability, save money, and cultivate a mindful approach to resource consumption. It helps in contributing to the conservation of forests, reducing waste, and minimizing the ecological footprint of the paper industry.

Instead of constantly purchasing new paper, we utilize the reverse side or unused portions of previously printed papers, reducing expenses over time.

Link:

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World Environment Day

June 05, 2023

Under the aegis of IQAC, the NCC wing of Guru Nanak Khalsa College for Women, Ludhiana celebrated 'World environment day'. On this day, students pledged to collectively work towards protecting Mother Nature. With the aim that multiple small steps can bring in a major change, students also planted a plant, to contribute in making our planet greener and healthier.

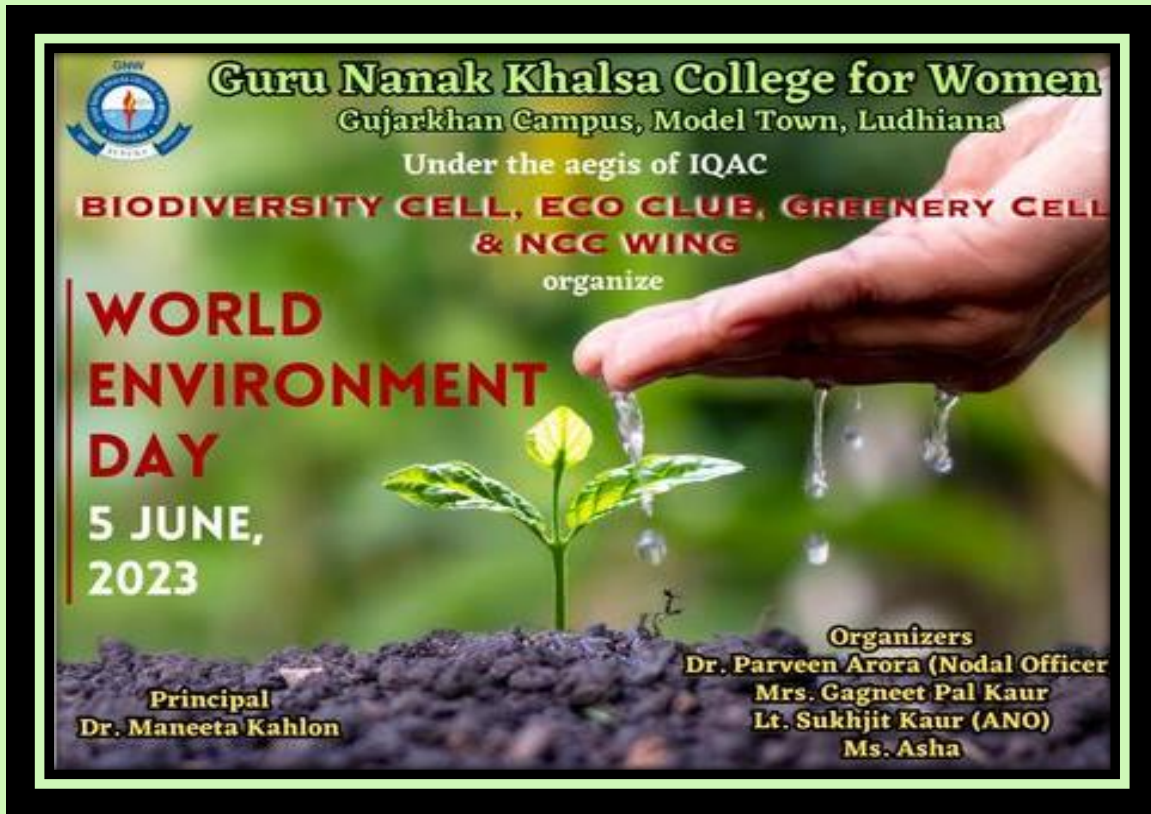
More than 25 cadets took part in this activity.

The staff of GNKCW attended the virtual meeting on celebrations of World Environment Day on June 5, 2023 organized by the Ministry of Education.

The staff and students undertook 'Lifestyle for environment' pledge on mygov web portal to consciously participate in environmental lifestyle and inculcate long-term environment-friendly habits.

Links:

<https://www.facebook.com/gnwludhiana/posts/pfbid033NYYvJd5SCUvXY5839uJcQLCs134fQKBRgXX1CUikHzgbJxysXKsW1iYzVMLioFwl>



Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC

**BIODIVERSITY CELL, ECO CLUB, GREENERY CELL
& NCC WING**
organize

WORLD ENVIRONMENT DAY
5 JUNE, 2023

Principal
Dr. Maneeta Kahlon

Organizers
Dr. Parveen Arora (Nodal Officer)
Mrs. Gagneet Pal Kaur
Lt. Sukhjit Kaur (ANO)
Ms. Asha



GPS Map Camera

Ludhiana, Punjab, India
Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town,
Ludhiana, Punjab 141002, India
Lat 30.886783°
Long 75.843465°
05/06/23 10:55 AM GMT +05:30

Google

World Food Safety Day

June 07, 2023

World Food Safety Day' was observed on June 7, 2023 on the theme "Food Standards Save Lives" as given under G20.

12 students participated in the campaign with an aim of raising awareness about food safety measures adopted at household level to check adulteration so as to reduce foodborne diseases. Mrs. Shikha Kalra and Mrs. Amarpreet Kaur demonstrated different techniques of testing food adulteration in the processed and unprocessed foods like Milk and Desi Ghee which are locally available in the market.

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World Blood Donor Day

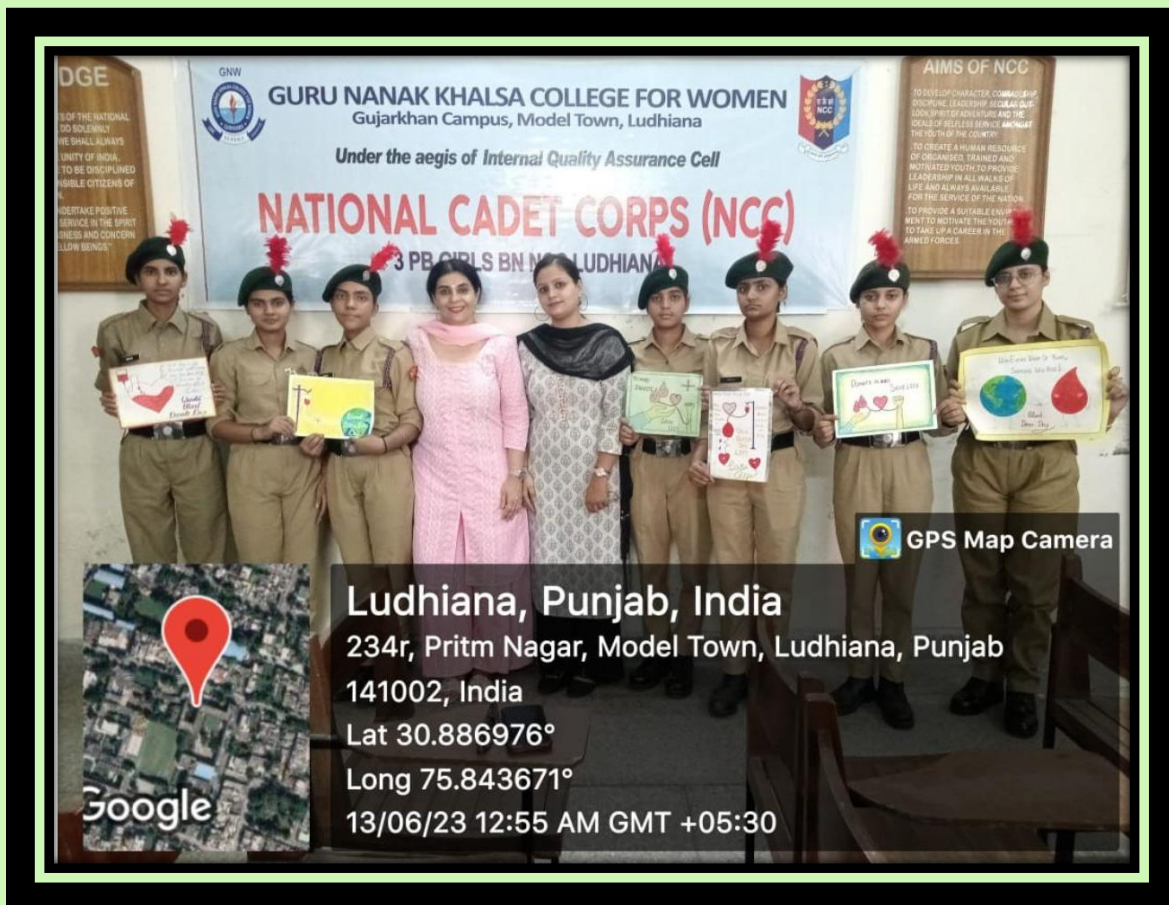
June 13, 2023

Blood Donor Day serves as a reminder of the critical need for blood donation and the profound impact it can have on saving lives.

On this occasion, 48 cadets took part in a Poster Making competition to spread awareness about blood donation. This activity was conducted by NCC Caretaker officer Ms. Asha.

Link:

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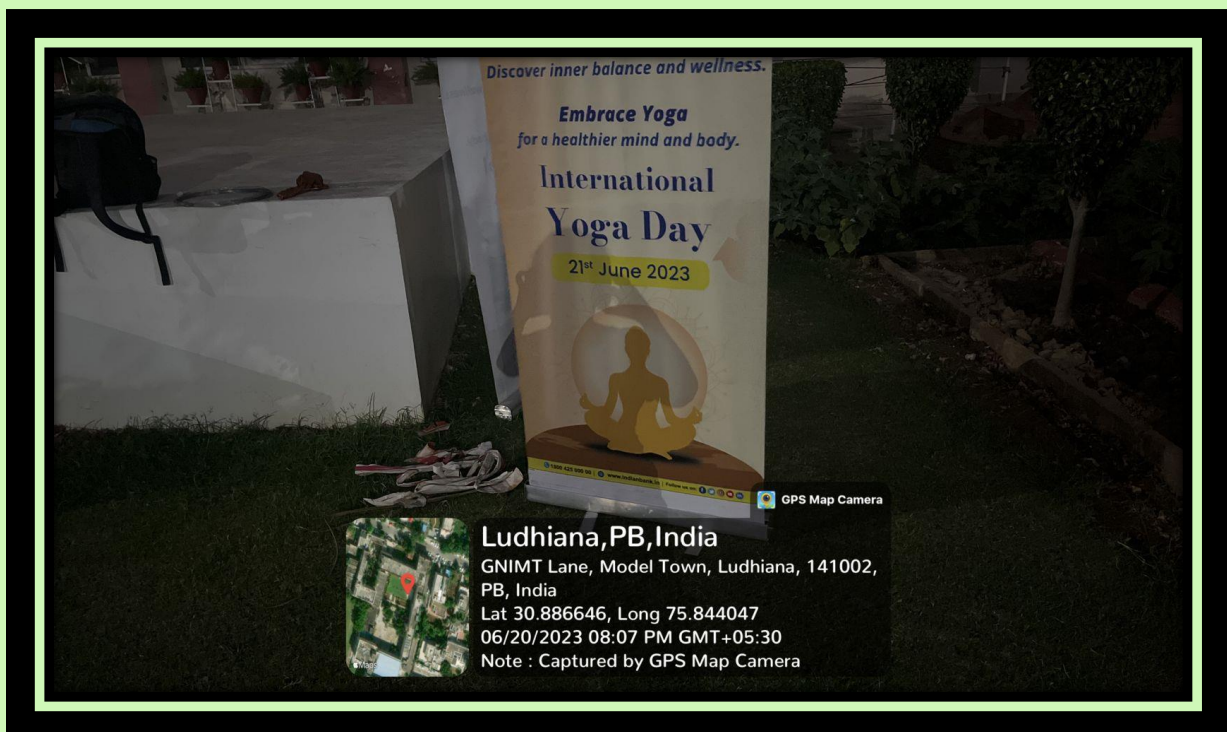
Preparations for International Day of Yoga

June 20, 2023

The preparations for International Day of Yoga have officially commenced on June 20, 2023 with the aim of creating a serene and invigorating atmosphere in the college campus, as per the directives of Ministry of Education, Government of India, under the theme 'Vasudhaiva Kutumbakam'

Link:

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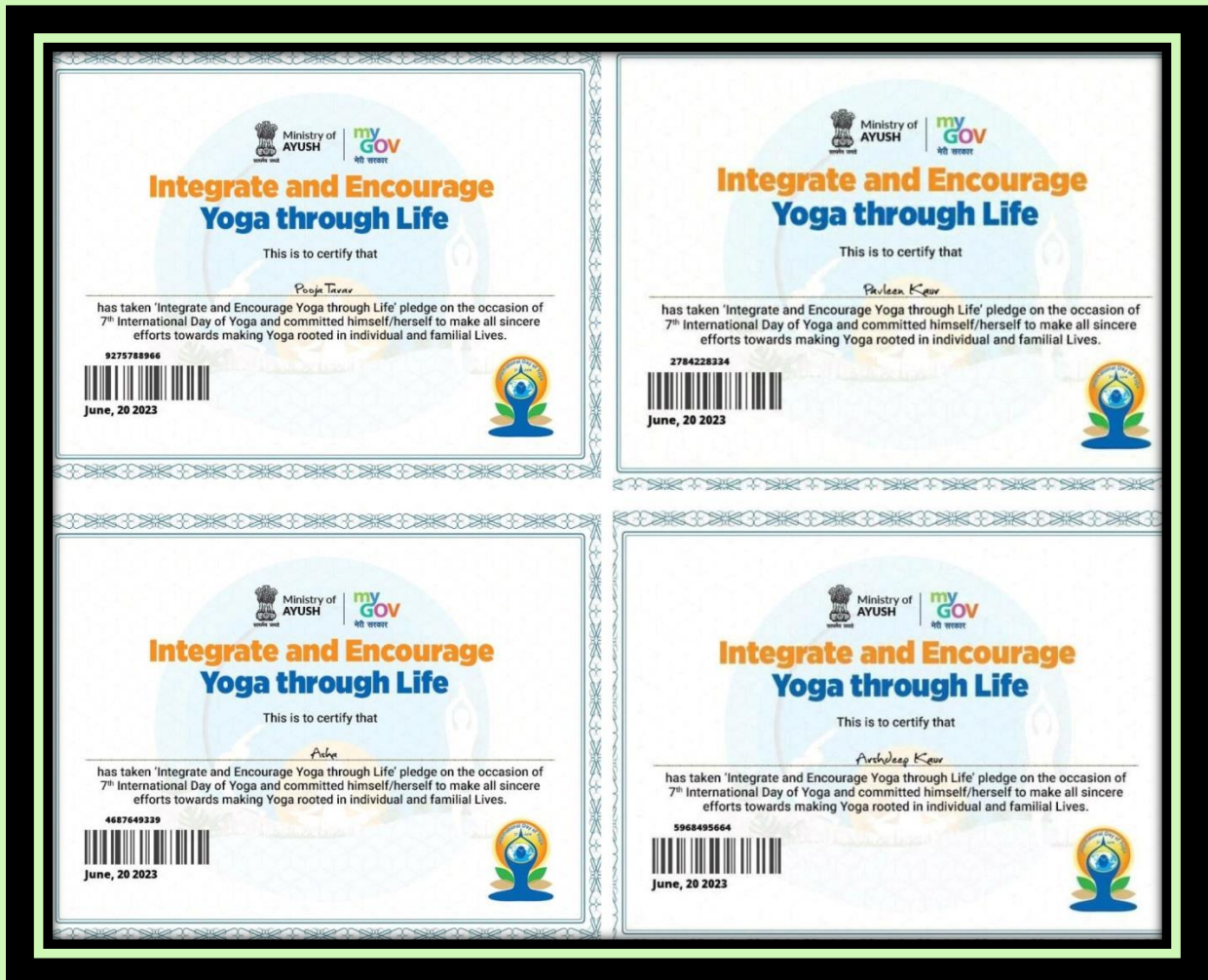
Quiz Competition on the occasion of International Day of Yoga

June 21, 2023

The staff and students of GNKCW participate in a Quiz Competition to commemorate the International Day of Yoga on mygov web portal to remind people across the globe about the benefits of Yoga, and to build enduring public interest in Yoga by highlighting its importance and contributions to public health.

Link:

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International Plastic Bag Free Day

July 04, 2023

The college observed the International Plastic Bag Free on July 04, 2023. This day is celebrated annually on July 3 to create awareness about the hazardous effects of single-use plastic bags on the environment. The day also serves as a reminder for individuals and communities globally to decrease their reliance on plastic bags and look for sustainable solutions as an alternative.

Link:

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Ludhiana, PB, India
Model Town Road, Model Town, Ludhiana,
141002, PB, India
Lat 30.887153, Long 75.842817
07/04/2023 12:14 PM GMT+05:30
Note : Captured by GPS Map Camera

World Population Day

July 11, 2023

The college observed World Population Day on July 11, 2023. Ms. Seema Dua, Head of the Department of Economics informed the challenges and consequences associated with global population growth. She elaborated on the theme of the World Population Day 2023 – Unleashing the Power of gender equality: Uplifting the voices of women and girls to unlock our world’s infinite possibilities. Dr. Madhu Dhawan, Head of the Department of Sociology discussed the pertinent issues of gender injustice with rising population of the world. She emphasized that women who constitute half of the global population, are often ignored in population policies.

Link:

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World Hepatitis Day

July 28, 2023

In the awareness lecture organized on the occasion of World Hepatitis Day on July 28, 2023, the Club Coordinators, Dr. Nidhi and Ms. Daisy Wadhwa shed light on the significance of World Hepatitis Day and the importance of preventing and controlling this global health concern. Students were informed about the different types of Hepatitis, its symptoms, and the necessary steps to mitigate its impact on individual and community health.

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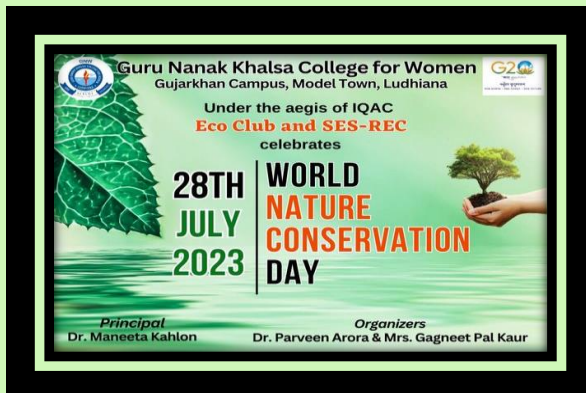
World Nature conservation Day

Under the aegis of IQAC, the Eco Club in collaboration with SES REC, Guru Nanak Khalsa College for Women, Gujarkhan Campus, celebrated World Nature Conservation Day on July 28, 2023.

Under this activity, students were told about the significance of Nature and how human beings should act more responsibly to conserve our Nature. A number of students from various classes participated in the activity and shared their views on conservation of nature. On this occasion, a pledge was also taken where the students vowed to plant trees for their future generations.

Link:

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Organ Donation Day

August 03, 2023

Organ Donation Day was observed in the college on August 03, 2023. This day is observed to raise awareness about the importance of donating organs after death to save more lives.

NSS Program Officers Dr. Neetu Prakash and Mrs. Satwant Kaur discussed with the students about the importance of organ donation. NSS volunteers took pledge on online as well as offline mode.

Link:

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Marathon conducted by PUNJAB STATE AIDS CONTROL SOCIETY

August 11, 2023

Volunteers of Youth and Red Ribbon Clubs participated in an awareness drive on HIV/ AIDS and Drug abuse held on August 11, 2023. During this awareness program, a marathon run was organized at SCD Government College, Ludhiana by the **Director of Youth Services, Ludhiana in collaboration with Punjab State AIDS Control Society**. The marathon started from SCD Government College at 6:00am and concluded at Guru Nanak Stadium. The following students participated in this event:

1. Rupinder Kaur B.Com- 2nd Year/ 221126
2. Sonali Rai B.Com- 3rd Year/ 211063
3. Deepshikha B.Com- 3rd Year/211069
4. Ishmeet Kaur BCA- 2nd Year/ 221922
5. Sameepya Sharma BCA- 2nd Year/ 221935

Link:

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Swachhata Sarvekshan 2023

August 14, 2023

Eco / Green club of the college participated in *Swachhata Sarvekshan 2023* in collaboration with a team from Municipal Corporation Ludhiana. Students and faculty members expressed their views on Swachhata ratings through an app regarding the sanitation and other amenities in Ludhiana.

Link:

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Medical camp in the village Jassowal

August 25, 2023

The team of the college organized a medical camp in the village Jassowal on August 25, 2023. A team of doctors comprising Dr. Ashrita Singh from Fortis hospital Ludhiana, Dr. Anurag Navik and Dr. Shiv and Mr. Akhilesh Singh from Shiv Ram Hospital, conducted free check-ups of blood pressure, sugar level tests of the village residents and prescribed them medicines. Residents also discussed various personal diseases like allergies, fungal infection, weakness, stomach problems etc, also prescribed and distributed them medicine.

A counseling session was also organized to discuss the importance of cleanliness and hygiene for disease free health.

Link:

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Swachhta Pakhwada Program - Oath taking ceremony

Under the aegis of IQAC, Guru Nanak Khalsa College for Women initiated the Swachhta Pakhwada Program. The program is a part of Swachhta Abhiyaan which started with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata. Under this program, an oath taking ceremony was held on September 1, 2022 in the college premises. The students took the pledge to keep their surroundings and themselves clean.

Link-

<https://www.facebook.com/gnwludhiana/posts/pfbid0jTjq9kUzDbiWiLdvsykfnAgPfPJT8WVHZk3fPhzVyzVeqskKifvNHKQtEHN8evZBl>



Swachhta Pakhwada Program – Sensitization and Awareness

The theme of the program is sensitization and awareness in the rural areas.

Various activities are organized by IQAC and NSS, Unit of the college in collaboration with Department of Home Science and Swachhta Pakhwada.

Link-

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Swachhta Pakhwada Program

Role of Fruit Plant in Environmental conservation

Under the aegis of Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, organized a lecture on September 11, 2023 as part of the Swachhta Pakhwada Celebrations. The topic of the lecture was, “The Role of Fruit Plants in Environmental conservation.”

The resource person on the occasion was Dr. Gagandeep Kaur, Senior Horticulturalist, PAU, Ludhiana. She talked about the nutritional value of fruits and vegetables and motivated the audience about growing their own fruits and vegetables so that they can avoid the harm created by fruits and vegetables purchased from the markets.

Link-

<https://www.facebook.com/gnwludhiana/posts/pfbid0vhiu4ScQk2nh5pVf2dyBe9qTqi3kNZUa7z7XGTJDMuw8wgyf7C81ZFs4dSs4Cbwrl>



Swachhta Pakhwada Program International Democracy Day

Under the aegis of IQAC, the Department of Public Administration celebrated International Democracy Day on the theme of 'Empowering the next generation' Explained by Dr. Parveen Arora as Resource Person that each year on September 15, the world observes International Day of Democracy as it reflects the current global Situation of democracy and the necessity of effectively promoting the features of democratic societies. It is a thorough process that involves the active participation of local government and individuals, civil society, organizations and other groups. Democracy may prosper with the help of global cop-ration. Many students participated in elocution session and expressed their views about right to vote, role of youth, democracy and casting of votes.

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Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of Internal Quality Assurance Cell
**Swachhta Pakhwada Celebration &
Department of Public Administration**



observes

International Day of Democracy

Empowering the next generation

15th September 2023

Principal
Dr. Maneeta Kahlon

Organizer
Dr. Parveen Arora
Mrs. Gagneet Pal Kaur



Swachhta Pakhwada Program Millet Competition

Millet Competition was organized by IQAC and NSS, Unit of the college in collaboration with Department of Home Science as directed by DoHE, UGC to celebrate 2023 as International Year of millets. The activity was also associated with Swachhta Pakhwada under Poshan abhiyaan to use millets as 'shree anna' and UBA

Link-

<https://www.facebook.com/gnwludhiana/posts/pfbid032gFEfX8EsKAupHp5zU66KPzQiYN2e5o8tvs7Kct2U5JW15pHLi39siJMmotuD Mxfl>



International Day for the Preservation of Ozone Layer

International Day for the Preservation of Ozone Layer observed at GNKCW

Under the aegis of IQAC, the Social Entrepreneurship, Swachhta and Rural Engagement Cell and Eco club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, screened a documentary film related to ozone layer depletion on occasion of International Day for the Preservation of Ozone Layer on September 16, 2023.

The day is celebrated commemorating the date when the Montreal Protocol on substances that deplete the Ozone Layer was signed in 1987. The purpose of this activity was to raise awareness among students to save the depletion of ozone layer. Dr. Parveen Arora explained the students about various reasons of ozone depletion and encouraged them to limit the use of air conditioners for its prevention.

Link-

<https://www.facebook.com/gnwludhiana/posts/pfbid02UXvLon3afn24AM3bwi848Tz8XRKUYsMQKKwAPcReQUc26twQQrbBZmS4qE8kZNt71>


Guru Nanak Khalsa College for Women

 Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of Internal Quality Assurance Cell
Eco Club
 observes

**INTERNATIONAL DAY FOR THE
 PRESERVATION OF OZONE LAYER**


**Montreal Protocol:
 Healing the Ozone
 Layer and Combating
 Climate Change**


16th September 2023

Principal
 Dr. Maneeta Kahlon

Organizer
 Dr. Parveen Arora
 Dr. Shikha Bajaj



Swachhta Pakhwada Program

Poster Making Competition

Under the auspices of IQAC, Guru Nanak Khalsa College celebrated Swachhta Pakhwada from Sept 1 to Sept 15, 2023 under the guidance of Dr. Parveen Arora and Mrs. Gagneet Pal Kaur (Asst. Prof. English). A poster making and slogan writing Competition was held to mark the theme of cleanliness. Students from various streams participated enthusiastically in this competition and the judgement was conducted by Mrs. Harpreet (Head, Deptt. of Fine Arts) and Mrs. Balwinder Kaur. The results of the competition are as follows:

Poster Making

- First Prize - Sehajpreet Kaur [B.Com](#):-1Sem, Roll no:-23-1154
- Second Prize -Kawaljot Kaur B.A:-1Sem, Roll no:-23-137
- Third Prize - Arshpreet Kaur B.A:-1Sem, Roll No :-23-108

Appreciation Prize

- Gaganpreet kaur - B.A:-1Sem, Roll no:-23-222
- Navpreet Kaur - B.A:-3rd Sem, Roll no:-22-209

Slogan Writing Competition

- First Prize:-Parampreet Kaur.B.A-5th Sem, Rollno:-21-168
- Second Prize:-Stuti - B.A:-5th Sem, Roll no:-21-198
- Third Prize:-Drishti B.A:-5th Sem, Roll no:-21-207

Link-

<https://www.facebook.com/gnwludhiana/posts/pfbid02V1zEBs1fGDzL4utMq62FGGeUL5oi63QwJvaayUtFJ8BuDmg2F1KRT5s1q15UV3B7il>



Swachhta In-Campus

Under the aegis of IQAC, Department of Journalism and Mass Communication of Guru Nanak Khalsa College for Women organised Swachhata Walk, a walk around the campus on September 27, 2023. This activity was organised under Swachhata Pakhwada Celebrations.

Students of the department recorded videos and clicked pictures of most clean and green areas of the college premises. The main idea of this activity was to highlight the commitment of the college to sustainable surroundings and to sensitize the students to uphold the same.

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<https://www.facebook.com/gnwludhiana/posts/pfbid081XmhvLJsiANHtMjzvUktvEeWSCHeBUUw8Vtcvd2kGeFbJidxNwLr8YRYbQt2Wb51>



Cleanliness Drive

Under the aegis of IQAC, Eco club of Guru Nanak Khalsa College for Women observed Ek Tariq, Ek Ghanta under Swachhta Pakhwada Cleanliness Drive Program on October 1, 2023. The program is a part of Swachhta Abhiyaan which started with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata. Under this drive, volunteers, Faculty members and supporting staff participated in the cleanliness activities in the college premises.

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World Soil Day

Under the aegis of Internal Quality Assurance Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, in collaboration with Department of Public Administration and Bio Diversity Cell observed World Soil Day on December 5, 2023. This day is observed on December 5 to raise awareness about the importance of soil, healthy ecosystems and human well-being. The theme for this year is 'Soil and Water, A Source of Life'.

A lecture was organized and delivered by the Head of the Department of Public administration, Dr. Parveen Arora, in which she apprised the students about the importance of soil for growing healthy fruits and vegetables.

Link

<https://www.facebook.com/gnwludhiana/posts/pfbid02BScuevgC2CN1Ek8kQKGRMUZU6rB2bGt5wnmNA2m29pQjoqVqvdhtcRdj3AMRYjjDI>

